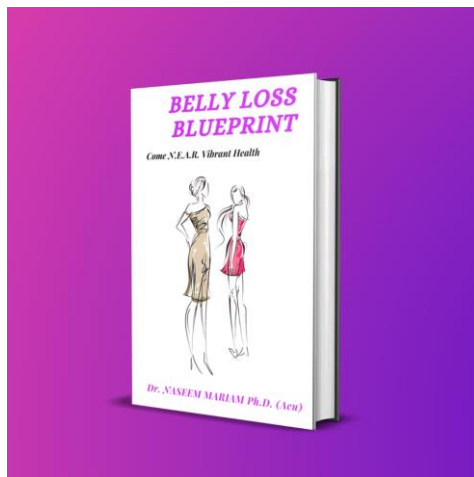




Belly Loss Habits Workshop

Profile Batch 1 – 4 Consolidated



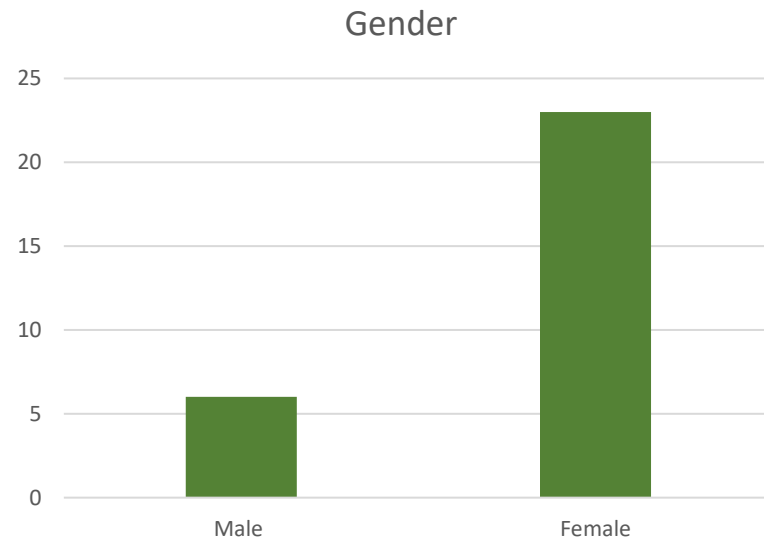
Dr. Naseem Mariam PhD(Acu)

Alandur, Chennai 600016

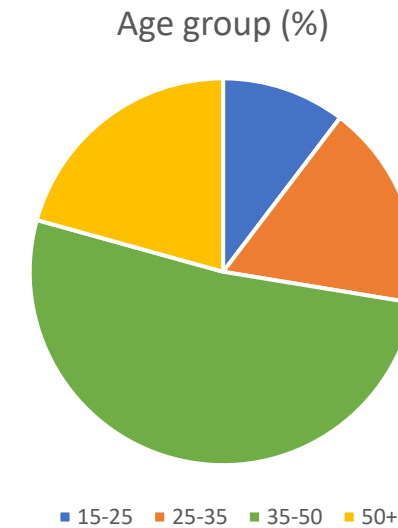
IG & Twitter @naseemmacu

+917358341024

Gender & Age Group



Gender	
Male	6
Female	23

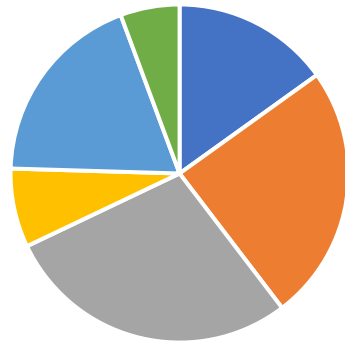


Age group	Count	%ages
15-25	3	10
25-35	5	17
35-50	15	52
50+	6	21
Total	29	100



Health Issues & Success of Workshop

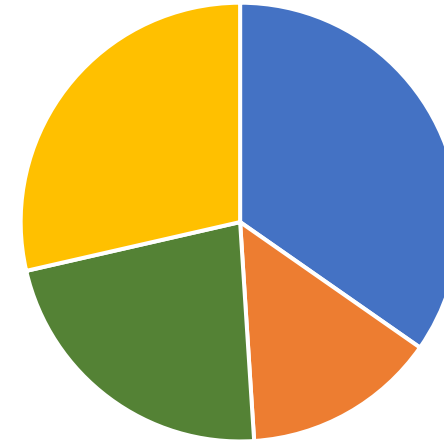
Health Issues (%)



- Diabetes, BP, stones, breathing
- Digestive
- Tired, Muscle pain
- Sleep, Headache, Stress
- Menstrual, Thyroid, PCOS
- Other (None)

Health Issues	Count	%ages
Diabetes, BP, stones, breathing	8	15
Sleep, Headache, Stress	13	25
Digestive	15	28
Menstrual, Thyroid, PCOS	4	8
Tired, Muscle pain	10	19
Other (None)	3	6
Total	53	100

Success of Workshop (%)



- Lose inches, feel lighter
- Better digestion, easy bowels
- Pain free, No itching, swelling
- Calm mind, deep sleep, focus

Success of Workshop	Count	%ages
Lose inches, feel lighter	17	35
Pain free, No itching, swelling	7	14
Better digestion, easy bowels	11	22
Calm mind, deep sleep, focus	14	29
Total	49	100

